

Art

- The 4 year old used different colors to draw and color a self-portrait, demonstrating an understanding of basic color concepts.
- The student's self-portrait displayed creativity and personal expression, showing an understanding of the concept of self-identity in art.
- The child also used basic shapes to create a representation of themselves, indicating an early grasp of form and structure in art.

English

- The child expressed thoughts and feelings about themselves verbally, demonstrating early language and communication skills related to self-expression.
- They used simple words and phrases to describe their interests and characteristics, displaying early storytelling and narrative skills.
- The student also used basic punctuation marks such as periods and exclamation points in their descriptions, showing an early understanding of basic grammar rules.

Music

- The child participated in singing songs related to self-identity and personal experiences, displaying an understanding of basic melodies and rhythms.
- They used their body movements to express the emotions conveyed in the music, displaying a connection between physical expression and musical concepts.
- The student also engaged in simple rhythmic activities such as clapping or tapping, showing an early understanding of musical beats and patterns.

Physical Education

- The child engaged in movement activities that involved imitating different animal movements, showing an early understanding of body control and coordination.
- They participated in balance exercises, demonstrating an early understanding of spatial awareness and body balance.
- The student actively engaged in activities that encouraged self-expression through movement, displaying a connection between physical activity and personal identity.

Science

- The child discussed and explored the concept of body parts and their functions, demonstrating an early understanding of human anatomy and biology.
- They engaged in simple sensory activities, such as identifying and describing different textures and materials related to themselves, showing early explorations of sensory perception and observation.
- The student also explored the concept of emotions and feelings, displaying an early understanding of mental and emotional development related to self-awareness.

Social Studies

- The child discussed and identified important people in their lives, showing an early understanding of family dynamics and social relationships.
- They explored different cultural traditions or celebrations related to self-identity, demonstrating an early understanding of diversity and cultural awareness.
- The student also engaged in activities related to community roles and responsibilities, displaying an early understanding of social connections and civic awareness.

For continued development, encourage the child to explore different art materials, such as clay or

collage materials, to further express their individuality and creativity. Incorporate storytelling activities with props and puppets to enhance their English language development. Additionally, introduce music and movement games that focus on expressing different emotions and moods through creative movement. Provide opportunities for outdoor play and exploration to further develop their physical skills, and encourage discussions about nature and the environment to expand their scientific knowledge. Lastly, seek out books and activities that celebrate diversity and cultural traditions to broaden their social understanding and empathy.

Book Recommendations

- [I Like Myself!](#) by Karen Beaumont: This book celebrates individuality and self-confidence through playful and vibrant illustrations.
- [The Colors of Us](#) by Karen Katz: This book explores diversity and identity through the eyes of a young girl discovering the beauty of different skin colors.
- [My Family, Your Family](#) by Lisa Bullard: This book introduces young children to the concept of family diversity and explores the idea that each family is special and unique.

If you click on these links and make a purchase, we may receive a small commission.