

Science

- The 1-year-old student learned about texture and viscosity while manipulating the strands of spaghetti, feeling the difference between cooked and uncooked spaghetti.
- The child observed cause and effect by dropping spaghetti strands into a bowl of water, seeing them sink due to their density and structure.
- Through the activity of eating spaghetti, the student is experiencing sensory exploration, tasting different flavors and textures, and understanding the concept of food consumption.

For continued development, encourage the child to use their senses to explore different types of pasta and food textures. Introduce the concept of mixing ingredients and how they change when cooked. This can lead to discovering new flavors and textures, fostering curiosity and experimentation in the kitchen.

Book Recommendations

- [The Spaghetti-Slurping Sewer Serpent](#) by Laura Ripes: A fun and interactive story about a monster who loves to eat spaghetti, perfect for engaging young readers in the concept of enjoying and exploring different foods.

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