

## Sensory

- The student explored different textures by feeling the shredded paper between their fingers, stimulating their sense of touch.
- Through visual observation, the student distinguished between the different colors of shredded paper, enhancing their visual sensory perception.
- By listening to the rustling sound of the shredded paper, the student engaged their auditory senses and recognized variations in sound intensity.
- Engaging in the activity of playing with shredded paper encouraged the student to use multiple senses simultaneously, enhancing their sensory integration skills.

For continued development, you can introduce additional sensory materials such as fabrics with various textures, scented playdough, or a sensory bin filled with items of different shapes and sizes. Encourage the student to explore and interact with these materials to further enhance their sensory experiences and cognitive development.

## Book Recommendations

- [Sensory Play: Over 100 Sensory Ideas for Babies and Beyond](#) by Shauna Felty: A comprehensive guide to sensory play activities suitable for various ages.
- [The Sensory Child Gets Organized: Proven Systems for Rigid, Anxious, or Distracted Kids](#) by Carolyn Dalgliesh: Offers strategies to help children with sensory processing challenges.
- [Sensory Processing 101](#) by Dayna Abraham: A practical resource for parents and educators on understanding and supporting children with sensory processing difficulties.

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