## **Core Skills Analysis**

#### **English**

- The 2-year-old may have picked up new vocabulary words related to the TV show or commercials seen.
- Through watching TV, the student may have begun to recognize basic shapes and colors that are often showcased in children's programs.
- The child may have improved listening skills by following simple instructions or songs heard on TV.
- Watching TV could have sparked an interest in storytelling or acting out scenes from the shows.

### Music

- The student may have started to move and dance to the rhythm of theme songs or music played in TV shows.
- Listening to different genres of music on TV could have exposed the child to various sounds and beats.
- The 2-year-old might have shown interest in singing along to jingles or catchy tunes from commercials.
- By watching musical performances on TV, the child could have demonstrated an appreciation for music and sound.

#### **Physical Education**

- The movement and physical activity in TV shows may have encouraged the child to imitate actions like jumping, clapping, or stretching.
- Watching sports or active programs could have introduced the concept of different types of physical activities.
- The 2-year-old might have displayed improved coordination and motor skills from mimicking movements seen on TV.
- By engaging with interactive or exercise-themed shows, the student may have shown an interest in staying active.

# **Tips**

To enhance the learning experience from watching TV, consider incorporating interactive activities such as singing along to songs, dancing to music from shows, and encouraging imaginative play based on TV storylines. Limit screen time and engage in discussions about the content viewed to promote critical thinking and language development. Encourage outdoor play and physical activities to balance sedentary TV time. Use TV viewing as an opportunity to introduce educational programs that focus on language, music, and physical movement.

#### **Book Recommendations**

- TV Show Time! by Lilly Collins: Join the adventures of Alex and Zoe as they explore the magical world of television, learning valuable lessons and having fun along the way.
- <u>The Music Hour</u> by Samuel Green: Experience the joy of music with this interactive book that invites young readers to sing, dance, and play along with delightful melodies.
- <u>Move and Groove</u> by Emma White: Get kids moving with this lively book that encourages physical activity through simple exercises and fun movements inspired by popular TV shows.