

## Core Skills Analysis

### Physical Education

- The 2-year-old student engaged in physical movements such as reaching, stretching, and carrying while pretending to pick items from shelves, promoting gross motor skills development.
- By imitating actions of shopping like pushing a toy cart and lifting items, the child enhanced their coordination and balance during the pretend play, improving physical coordination.
- Through interactive play with peers or adults during the grocery store scenario, the student practiced social skills like taking turns, sharing play items, and communicating needs, fostering social development.
- The activity encouraged the little one to engage in imaginative and role-playing scenarios, enhancing their cognitive skills by creating and acting out different roles during the play session.

### Tips

For continued development, consider introducing additional props like play cash registers, shopping baskets, and pretend money to further enhance the role-playing experience. Encourage the child to pretend to be a cashier, shopper, or even a store manager to expand their imaginative thinking. You can also vary the roles within the game to keep the activity engaging and exciting, promoting physical movement and creative expression.

### Book Recommendations

- [Curious George Goes Shopping](#) by Margret & H.A. Rey: Join Curious George as he shops for groceries and learns about making choices and helping others in this delightful story.
- [Let's Go to the Supermarket](#) by Catherine Veitch: An interactive book that takes children on a fun trip to the supermarket, engaging them with lift-the-flaps and colorful illustrations.
- [My Very First Book of Food](#) by Eric Carle: Explore different types of food in this interactive book by the beloved author Eric Carle, perfect for introducing food concepts.