

- The child learns how to coordinate their movements to kick the sensory ball.
- They develop their gross motor skills by engaging in the kicking motion.
- The child learns about balance and body control as they try to kick the ball without falling over.
- They gain an understanding of cause and effect as they see the ball move when they kick it.
- The child improves their hand-eye coordination as they aim to kick the ball accurately.
- They develop spatial awareness by judging the distance and direction of the ball.
- The activity promotes cardiovascular health and physical fitness as the child engages in physical exertion.

Tips for continued development: Encourage the child to experiment with different types of balls and surfaces to kick them on. They can try kicking a soccer ball on grass, a beach ball on sand, or a foam ball indoors. This will help them develop adaptability and adjust their kicking technique based on the ball's properties and the surface they are playing on. Introduce simple kicking games, such as target practice or kicking the ball back and forth with a partner, to make the activity more interactive and enjoyable. Provide opportunities for the child to practice their kicking skills in various environments, such as on a playground or in an open field, to enhance their confidence and ability to apply their skills in different contexts.