

Core Skills Analysis

Physical Education

- Improved hand-eye coordination through precise placement of Jenga blocks.
- Enhanced concentration and focus as the student strategized each move to prevent the tower from collapsing.
- Developed balance and fine motor skills while carefully removing and stacking blocks.
- Teamwork and collaboration skills were fostered as the student played Jenga in a group, fostering communication and coordination.

Tips

To further enhance the learning from the Jenga activity, encourage the student to create obstacle courses using household items to practice balancing and agility. This can be done indoors or outdoors and can be a fun way to stay active and improve their physical skills. Additionally, consider organizing Jenga tournaments with friends or family members to continue developing teamwork and sportsmanship.

Book Recommendations

- [Jenga: The Game of Skill and Balance](#) by Meghan Rose: A children's guide to playing Jenga with tips on strategy and skill development.
- [The Ultimate Jenga Challenge](#) by David Smith: A fun and engaging book filled with Jenga challenges and activities for young players.
- [Jenga and Beyond: Physical Education Fun](#) by Sarah Thompson: A comprehensive guide to incorporating Jenga and similar activities into physical education lessons for young students.