

Core Skills Analysis

Grocery Shopping

- The student showed an understanding of basic math concepts such as addition and subtraction while calculating the total cost of groceries.
- Through creating a shopping list, the student demonstrated organization and planning skills in the context of shopping for essential items.
- The activity also allowed the student to practice reading comprehension by identifying different food items and brands in the store.
- By engaging in role-play as a shopper or cashier, the student enhanced their social and communication skills during the activity.

Tips

Encourage the student to take on different roles during the grocery shopping play, such as being the shopper one day and the cashier on another. This can help them understand different perspectives and roles in a scenario. Introduce budgeting concepts by assigning a specific amount of 'money' for each shopping trip and having the child make decisions based on that limit. Utilize the opportunity to discuss healthy eating habits and the importance of choosing nutritious foods while grocery shopping. Consider incorporating a writing activity by having the child create their own grocery store advertisement or write a short story about a unique shopping experience.

Book Recommendations

- [Everyone Eats](#) by Julia Kuo: This book explores the diversity of food culture worldwide and celebrates the act of eating together.
- [At the Supermarket](#) by Anne Rockwell: Follow a child's trip to the supermarket and learn about different sections and products found in a grocery store.
- [How Did That Get in My Lunchbox?](#) by Chris Butterworth: Discover the journey of food from the farm to the table, explaining the process of food production and distribution.