

Core Skills Analysis

Science

- Learned about the life cycle of a kiwi fruit plant by watching videos full of facts.
- Explored the nutritional benefits of kiwi fruit and how different types vary in taste and appearance.
- Understood the concept of biodiversity by trying different varieties of kiwi fruits.
- Identified the environmental conditions required for the successful growth of kiwi fruits.

Health

- Gained knowledge about the vitamins and minerals present in kiwi fruit.
- Explored the importance of including a variety of fruits in a balanced diet.
- Learned about the potential health benefits of consuming kiwi fruit regularly.
- Understood the impact of diet on overall health and well-being.

Tips

Encourage your child to document their kiwi fruit tasting experience by creating a food diary or drawing the different varieties they tried. Consider planting a kiwi fruit plant at home to observe the growth process firsthand. Engage in discussions about sustainability and how choosing locally grown fruits like kiwi can benefit the environment.

Book Recommendations

- [Exploring Kiwi Land](#) by Sam Green: Dive into the world of kiwi fruits with Tom and Lily as they learn about growth, cultivation, and more.