# **Core Skills Analysis**

## **Physical Education**

- The 2-year-old student is developing gross motor skills such as running, kicking, and coordination through playing soccer.
- Playing soccer helps in enhancing the child's balance and agility as they maneuver around the field.
- Participating in soccer games can improve the student's spatial awareness and understanding of their body in relation to objects around them.
- Through playing soccer, the child is learning to follow simple rules and instructions, fostering discipline and sportsmanship.

### **Social Skills**

- Engaging in soccer activities helps the child in understanding the concept of teamwork and cooperation.
- The 2-year-old is learning to take turns and share while playing soccer with others, promoting social interaction.
- By playing soccer, the student is encouraged to communicate verbally and non-verbally with peers, developing social language skills.
- Participating in soccer games fosters empathy and emotional regulation as the child celebrates victories and copes with setbacks.

### **Tips**

For continued development related to playing soccer, you can set up mini obstacle courses in the backyard using cones and hoops to further enhance the child's agility and coordination. Encourage imaginary play where the child acts out being a soccer player to stimulate creativity and physical movement. Use positive reinforcement and praise to boost the child's confidence and motivation in engaging with soccer-related activities. Lastly, organizing friendly matches with family members or other children can create a fun and supportive environment for the child to further develop their physical and social skills through soccer.

#### **Book Recommendations**

- <u>Soccer Star</u> by Mandy Archer: Follow the story of a young child who learns the joys of playing soccer and the importance of teamwork.
- <u>Kick, Pass, and Run</u> by Leonard Kessler: An engaging picture book introducing basic soccer concepts through colorful illustrations.
- <u>Goodnight Soccer</u> by Michael Dahl: Enjoy a bedtime story about a child's love for soccer and dreams of playing the sport every day.