# **Core Skills Analysis**

### **Physical Education**

- Developed hand-eye coordination by quickly catching and passing the ball.
- Improved agility and reflexes through the fast-paced nature of the game.
- Enhanced motor skills by handling the ball efficiently.
- Learned teamwork as players needed to pass the ball to the next student.

## **Social Skills**

- Practiced communication by signaling and passing the ball to the next student.
- Understood the importance of cooperation to keep the game going smoothly.
- Embraced inclusivity as they included all students in the game.
- Learned to manage emotions when they got out of the game.

## Tips

To further develop skills related to the activity, consider incorporating variations such as using music to signal when the ball should be passed, introducing obstacles for players to navigate while holding the ball, or even assigning roles like a team captain to promote leadership qualities.

## **Book Recommendations**

- <u>The Hot Potato</u> by Julia Cook: A story about teamwork and quick thinking when passing the 'hot potato' to achieve a common goal.
- <u>Hot Potato</u> by Polly Faber: Follow the adventures of a group of friends playing the exciting game of hot potato and the lessons they learn along the way.
- <u>Pass the Ball, Mo!</u> by David Adler: Join Mo as he learns the value of passing the ball to his friends in various fun activities, including a game of hot potato.