

Core Skills Analysis

Physical Education

- The 4-year-old student enhanced their gross motor skills through running, dodging, and tagging in the game.
- Participating in Freeze tag helped improve the student's balance and coordination as they moved around carefully to avoid being tagged.
- The activity promoted social interaction and teamwork among classmates, fostering the development of their interpersonal skills.
- Engaging in Freeze tag encouraged the student to follow rules and take turns, promoting a sense of sportsmanship.

Tips

To further develop the skills acquired during Freeze tag, encourage children to create their own variations of the game by adding different rules and challenges. Additionally, organizing mini Freeze tag tournaments or setting up obstacle courses can provide continuous fun and learning opportunities.

Book Recommendations

- [The Runaway Bunny](#) by Margaret Wise Brown: A heartwarming tale of a little bunny trying to outsmart its parent, showcasing themes of agility and quick thinking.
- [We're Going on a Bear Hunt](#) by Michael Rosen: Follow a group of siblings on an adventurous journey, inspiring movement and physical activity.
- [The Very Hungry Caterpillar](#) by Eric Carle: An engaging story about transformation and growth, encouraging children to explore movement and actions.