Core Skills Analysis

Home Economics

- The student learned about the importance of organization and proper storage of kitchen items.
- Practiced basic cleaning skills like wiping counters and washing dishes.
- Understood the concept of kitchen safety by keeping the workspace clear of clutter.
- Learned about food hygiene and the importance of maintaining a clean kitchen environment to prevent contamination.

Tips

To further enhance the learning experience, encourage the student to create a weekly cleaning schedule for the kitchen. This will teach them time management and responsibility while maintaining a tidy space. Additionally, involve them in meal planning and preparation to understand the connection between an organized kitchen and efficient cooking.

Book Recommendations

- <u>Kitchen Science Lab for Kids: 52 Family-Friendly Experiments from Around the House</u> by Liz Lee Heinecke: This book provides fun and educational kitchen experiments that engage children in learning through hands-on activities.
- <u>Cooking Class: 57 Fun Recipes Kids Will Love to Make (and Eat!)</u> by Deanna F. Cook: A cookbook designed for children to enjoy cooking with easy, step-by-step recipes and kitchen tips.
- <u>The Kitchen Pantry Scientist: Chemistry for Kids</u> by Liz Heinecke: Explore the chemistry behind common kitchen ingredients with easy-to-follow experiments suitable for young learners.