

## Core Skills Analysis

### Physical Development

- Through skateboarding, the 2-year-old has improved their balance and coordination skills as they learn to stand and move on the board.
- Their muscle strength and control have increased through the physical activity and practice required for skateboarding.
- By attempting to push off and steer the skateboard, the child is enhancing their gross motor skills.
- Skateboarding has also helped in developing the child's spatial awareness and understanding of body movements.

### Creativity

- The child explores creative ways to skateboard, such as trying different stances or imitating tricks they have seen.
- Through trial and error, the 2-year-old learns to think creatively to overcome challenges in skateboarding, fostering a creative problem-solving mindset.
- Skateboarding encourages the child to express themselves through movement and play, nurturing their creative expression.
- The activity sparks imagination as the child envisions themselves performing various maneuvers on the skateboard.

### Social and Emotional Development

- Skateboarding promotes perseverance as the child attempts to master new skills and tricks, building resilience and determination.
- By engaging in skateboarding, the 2-year-old learns to manage small risks and frustrations, developing emotional resilience.
- Through interactions with others at skate parks or with family members, the child practices social skills like taking turns and sharing equipment.
- The sense of accomplishment from successfully riding a skateboard boosts the child's self-confidence and self-esteem.

### Tips

Exploring different terrains or obstacles for skateboarding can provide new challenges and opportunities for growth. Encourage the child to experiment with varying speeds and movements on the skateboard to enhance their skills. Incorporating music or playful elements into skateboarding sessions can make the activity more engaging and enjoyable for the child. Remember to prioritize safety by ensuring the child wears appropriate protective gear like helmets and pads during skateboarding.

### Book Recommendations

- [S is for Skateboard: An Alphabet Book](#) by Dj Kast: An engaging alphabet book that introduces young readers to the world of skateboarding through colorful illustrations and simple descriptions.
- [Skateboard Baby](#) by Bill Thomson: Follow the adventures of a skateboarding baby in this fun and energetic board book that captures the excitement of the sport.
- [Shred the Gnar: From the Mountains to the Ocean, Your Adventure Awaits](#) by Rian Lallemand: Join the adventurous character on a journey exploring different terrains with their skateboard, promoting outdoor exploration and active play.