## **Core Skills Analysis**

## Math

- The 5-year-old student learned counting and number recognition through tasks like planting seeds in rows or pots.
- Understanding of measurements was developed by comparing the sizes of plants and flowers in the garden.
- Basic addition and subtraction skills were reinforced through tasks like determining the total number of plants or counting petals on flowers.
- Concepts of shapes and spatial awareness were enhanced by planting different shapes of flower beds or arranging garden stones in patterns.

## Tips

Engaging young children in gardening activities not only teaches them valuable skills but also fosters a love for nature. Encourage the child to observe changes in the garden over time, introducing concepts of growth and lifecycle. Incorporate simple math tasks like counting petals or measuring plant growth to keep them interested and learning. Allow the child to make decisions in the garden, promoting responsibility and decision-making skills.

## **Book Recommendations**

- Up in the Garden and Down in the Dirt by Kate Messner: This book explores life above and below the soil in a garden, engaging children in the wonders of nature and gardening.
- <u>Planting a Rainbow</u> by Lois Ehlert: A colorful book that introduces children to the process of planting and growing different flowers in a garden.
- <u>The Curious Garden</u> by Peter Brown: An inspiring tale of a boy who transforms a dreary city into a vibrant garden, encouraging the importance of environmental stewardship.