# **Core Skills Analysis**

## Social Studies

- Through this activity, the 3-year-old student learned about the concept of art as a form of expression and communication.
- By engaging in painting on cardboard, the student explored the idea of using different materials to create visual representations.
- The activity encouraged the child to understand the concept of creativity and individuality in artistic expression.
- Through sharing their painted cardboard creations with others, the student practiced the idea of sharing and appreciating different perspectives.

## **Social Emotional**

- The sensory experience of using foam paint helped the student explore different textures and sensations, enhancing their tactile awareness.
- Engaging in a creative activity like painting promoted the child's emotional expression and self-regulation.
- The process of painting on cardboard allowed the student to practice patience and focus, supporting their emotional development.
- Sharing their painted creations with peers encouraged the student to develop empathy and social connections.

### Tips

Engage the child in open-ended conversations about their artwork to encourage self-expression and communication. Provide opportunities for them to explore a variety of art materials and textures to support sensory development. Encourage the child to use their painted cardboard creations in imaginative play scenarios to foster creativity and storytelling skills.

### **Book Recommendations**

- <u>The Dot</u> by Peter H. Reynolds: This inspirational story follows a young girl who begins a journey of self-discovery through a simple dot and encourages creativity and courage.
- <u>I Am Enough</u> by Grace Byers: Empowering and uplifting, this book promotes self-acceptance, kindness, and empathy, essential themes for social emotional development.
- <u>Mix It Up!</u> by Hervé Tullet: A fun and interactive book that explores colors and encourages imagination and creativity through interactive touch-and-feel painting prompts.