

Core Skills Analysis

Health

- The 7-year-old student has developed an understanding of how diseases can spread and the importance of personal hygiene practices in disease prevention.
- Through the study of diseases, the student has learned basic immune system functions and how it protects the body from pathogens.
- The activity has introduced the concept of common illnesses and their symptoms, helping the student recognize signs of illness and understand the need for medical attention when feeling unwell.
- By studying diseases, the student has gained awareness of the significance of vaccinations and the role they play in building immunity against harmful infections.

Tips

For continued development after studying diseases, encourage the student to explore medical kits for pretend play to understand the roles of healthcare providers, engage in simple experiments about germs and hygiene, create health-themed crafts like a model of the human body depicting the immune system, and read age-appropriate books on health and wellness to reinforce learning.

Book Recommendations

- [Germs Make Me Sick!](#) by Melvin Berger: This illustrated book introduces young readers to germs, how they spread, and simple ways to stay healthy.
- [Why Do I Have to Wash My Hands?](#) by Angela Royston: An interactive book that explains the importance of handwashing in preventing the spread of diseases in a fun and engaging manner.
- [Curious George Goes to the Hospital](#) by Margret & H.A. Rey: Follow along with Curious George as he visits the hospital and learns about healthcare professionals and staying healthy during recovery.