

Core Skills Analysis

Physical Education

- The 3-year-old student has improved gross motor skills through running, kicking, and catching the ball during the activity.
- There is an enhancement in hand-eye coordination as the student focuses on hitting the ball with a racquet or catching it with hands.
- The activity promotes social skills as the child learns to take turns, share the equipment, and communicate with peers during the game.
- Balance and coordination are developed as the child learns to move swiftly to avoid the ball or to dribble it in a controlled manner.

Tips

For continued development after the ball games activity, provide opportunities for the child to practice these skills in various settings like outdoor playgrounds, obstacle courses, or simple sports drills at home. Encourage imaginative play by pretending to be different athletes during the games. Use different types of balls to introduce variety and challenge in the activities. Lastly, always prioritize safety by ensuring the play area is free from hazards.

Book Recommendations

- [Goodnight Football](#) by Michael Dahl: A board book introducing the game of football with colorful illustrations and simple text suitable for young children.
- [My First Soccer Book](#) by Sterling Children's: An interactive book that introduces basic soccer concepts like kicking, passing, and scoring goals through touch-and-feel elements.
- [Biscuit Plays Ball](#) by Alyssa Satin Capucilli: A story about a puppy named Biscuit learning to play ball, teaching children about perseverance and teamwork.