## **Core Skills Analysis**

## **History**

- The student gained knowledge about the historical evolution of nail art, understanding its origins and cultural significance.
- They learned about different nail art techniques used in different time periods and how they have evolved over time.
- By exploring the history of nail art, the student developed an appreciation for the art form as a cultural and creative expression.
- Studying the history of nail art provided insights into how societal norms and fashion trends have influenced nail aesthetics.

## **Tips**

For further development in the history of nail art, the student can explore specific historical nail art movements in more detail. They can also experiment with recreating iconic nail art styles from different time periods to better understand the evolution of techniques and designs. Additionally, attending workshops or classes on nail art history can provide hands-on experience and deepen their knowledge on the subject.

## **Book Recommendations**

- Nail Candy: 50+ Ideas for Totally Cool Nails by Lorna Richmond: A fun and interactive book featuring step-by-step guides to create various nail art designs, suitable for beginners and young enthusiasts.
- <u>The Illustrated History of Nail Art</u> by Isabella Foster: An informative book that delves into the fascinating history of nail art, from ancient civilizations to modern trends, with colorful illustrations and interesting anecdotes.
- Art on the Tips: Nail Art and Culture by Sophia Myers: Explores the intersection of nail art with culture, fashion, and society, offering a fresh perspective on the significance of nails as an art form.