

Core Skills Analysis

Physical Education

- The student improved fine motor skills by grasping and threading cotton reels onto laces.
- Enhanced hand-eye coordination by aligning the cotton reels with the holes on the laces.
- Developed concentration and focus as the student concentrated on threading each reel carefully.
- Promoted gross motor skills as the student may have needed to stand or move to thread the cotton reels.

Tips

To further enhance the physical development of a 2-year-old, consider introducing variations to the activity such as using different colored laces or exploring different threading patterns. Encourage the child to sort the cotton reels by size or color before threading them onto the laces. Additionally, create a sensory experience by using textured cotton reels or laces. Lastly, engage the child in a threading race with a peer to add an element of fun and competition to the activity.

Book Recommendations

- [Busy Little Hands: Playtime!](#) by Amy Palanjian: A delightful book full of interactive and engaging activities for toddlers, including threading exercises to boost fine motor skills.
- [The I Love You Book](#) by Todd Parr: A heartwarming story perfect for toddlers to learn about love and relationships, fostering emotional development.
- [I Can Do It Myself!](#) by Emily Perl Kingsley: Encourages independence and self-confidence in toddlers through simple yet empowering tasks, such as threading and lacing.