## **Core Skills Analysis**

## **Home Economics**

- The student learned about food safety and hygiene practices by following bakery standards, such as wearing gloves and proper handwashing.
- They gained hands-on experience with measurements and conversions while working with ingredients like flour, sugar, and yeast.
- Understanding the importance of time management was evident as they had to coordinate baking times for various items on the menu.
- The student developed communication skills through interaction with customers, taking orders, and clarifying product details.

## Tips

Engage in recipe experiments to expand your baking repertoire. Consider volunteering at local bakeries to learn new techniques and recipes. Practice decorating baked goods to enhance your presentation skills. Explore online resources and baking forums for inspiration and troubleshooting tips.

## **Book Recommendations**

- <u>The Bread Baker's Apprentice</u> by Peter Reinhart: This book provides a comprehensive guide to bread making, including techniques, recipes, and the science behind baking perfect loaves.
- <u>The Pastry Chef's Companion</u> by Glenn Rinsky and Laura Halpin Rinsky: Explore the world of pastries with this book, covering essential techniques, tools, and recipes for creating delectable treats.
- In the Sweet Kitchen: The Definitive Baker's Companion by Regan Daley: From cakes to tarts, this book offers a wide range of baking recipes and insider tips for achieving professionalquality results in the kitchen.