

## Core Skills Analysis

### Dance

- Mia and Lily demonstrated creativity by choreographing a dance routine, showcasing their ability to express emotions through movement.
- Through this activity, the girls practiced coordination and teamwork as they synchronized their movements to the music.
- The dance routine helped Mia and Lily enhance their memory skills by remembering the sequence of steps and transitions.
- By choosing a song like 'We Don't Talk Anymore,' the girls explored the theme of relationships and emotions, fostering emotional intelligence.

### Music

- Listening to and selecting the song for the dance routine allowed Mia and Lily to appreciate music as a form of art and expression.
- The activity provided an opportunity for the girls to understand rhythm and beat, as they matched their movements to the tempo of the song.
- By choreographing the dance, Mia and Lily engaged in musical interpretation, translating lyrics and melody into movement.
- This experience likely deepened the girls' connection to the song, as they expressed its meaning through their dance routine.

### Tips

To further enhance their dance skills, Mia and Lily could experiment with different dance styles or explore storytelling through choreography. Incorporating props or costumes can also add depth to their routines and spark creativity. Additionally, watching professional dance performances and tutorials online can offer inspiration and new techniques to incorporate into their routines.

### Book Recommendations

- [Dance, Dance, Dance!](#) by Ella Bella: Follow Mia and Lily on their dance journey as they learn new styles and conquer stage fright in this heartwarming tale of friendship and creativity.
- [The Music Maker's Challenge](#) by Harper Melody: Join Mia and Lily as they navigate a music competition, facing challenges that test their musical abilities and strengthen their bond.
- [Creative Moves: A Dance Adventure](#) by Sara Steps: Embark on a dance adventure with Mia and Lily as they explore different dance genres and discover the power of self-expression through movement.