# **Core Skills Analysis**

#### **Physics**

- Learned about the concept of motion sickness and how it relates to seasickness.
- Understood the principles of equilibrium and how it affects balance on a moving platform like a
- Explored the forces acting on the body during travel and how they can lead to discomfort or nausea.
- Discovered the importance of balance and stability in different environments.

# **Biology**

- Discussed how the inner ear and sensory receptors play a crucial role in detecting motion and maintaining balance.
- Learned about the body's adaptation to constant motion and how it can lead to seasickness.
- Explored the physiological responses to motion sickness and how they vary among individuals.
- Understood the evolutionary perspective of motion sickness and its potential survival benefits.

# **Tips**

To further explore the concepts of motion sickness, encourage the student to conduct simple experiments at home. They can create DIY models to simulate motion on a smaller scale and observe the effects on their sense of balance. Additionally, watching educational videos or documentaries on related topics like gravity and forces can provide a deeper understanding of the science behind seasickness.

#### **Book Recommendations**

- <u>The Magic School Bus on the Ocean Floor</u> by Joanna Cole: Join Ms. Frizzle and her class as they dive deep into the ocean to explore marine life and encounter fascinating phenomena like underwater volcanoes.
- <u>I Survived the Shark Attacks of 1916</u> by Lauren Tarshis: Follow the thrilling adventure of a young boy who survives a series of shark attacks along the coast, learning about bravery and resilience.
- How Things Work: Ships by Conrad Mason: Discover the inner workings of different types of ships, from historical vessels to modern cargo carriers, and learn about the science of navigation and propulsion.