## **Core Skills Analysis**

## **Happy Salmon**

- The Happy Salmon game improves social skills by encouraging communication and interaction among players.
- Players enhance their ability to think quickly and make decisions under pressure which can strengthen cognitive skills.
- The game promotes physical activity as players perform actions such as high fives, fist bumps, and switcheroos.
- Happy Salmon fosters teamwork and collaboration as players work together to achieve their goals.

## **Tips**

For continued development related to the Happy Salmon game, consider incorporating variations such as assigning point systems for specific actions or adding challenges to make gameplay more engaging. Encourage players to strategize and communicate effectively by setting goals before each round. Additionally, host themed game nights or competitions to keep the activity exciting and enjoyable for everyone.

## **Book Recommendations**

- <u>Playful Parenting</u> by Lawrence J. Cohen: Exploring the importance of play in child development and providing practical tips for parents to engage kids through playful activities.
- <u>The Big Book of Silly Games</u> by Jill Bryant: A collection of fun and interactive games for all ages that promote laughter, creativity, and social interaction.
- <u>Teamwork & Teamplay</u> by Carolyn Nilson: A guidebook on building successful teams through group activities, communication strategies, and problem-solving skills.