# **Core Skills Analysis**

## **Physical Development**

- Children engaged in active movement by walking, running, and maneuvering around chairs.
- The activity promotes gross motor skills as children coordinate their movements to join or leave chairs.
- Musical chairs encourages spatial awareness as children navigate their surroundings and avoid collisions.
- Through the physical exertion, children learn to manage their energy and stamina levels during play.

#### **Social Skills**

- Participation in the game fosters teamwork and camaraderie among children, as they play simultaneously.
- Children learn to take turns and display patience while waiting for the music to stop.
- Winning or losing teaches children the importance of sportsmanship, helping them handle both victory and defeat gracefully.
- The clapping and cheering develops a sense of community and support among peers.

## **Emotional Development**

- The excitement of the game contributes to positive emotional experiences and joy.
- Winning helps build Amara's self-esteem, while the experience of losing teaches resilience for others.
- The shared celebration through clapping reinforces feelings of belonging and acceptance within the group.
- Children learn to express their emotions verbally and non-verbally through cheers and reactions during gameplay.

### **Tips**

To further enhance the experience, caregivers can introduce variations of the game, incorporate music from different cultures, or use themed chairs to pique interests. Exploring other group games could also improve social interactions and develop cooperation skills among the children.

### **Book Recommendations**

- <u>We're All Friends</u> by J. E. Morris: This book emphasizes friendship, teamwork, and the joy of playing together, making it perfect for teaching social skills.
- <u>Musical Chairs</u> by Bonnie Worth: A fun and vibrant story about musical chairs that highlights turntaking and the excitement of playing with friends.
- <u>Clap Your Hands</u> by Kerry Lee MacLean: An interactive book that encourages children to clap and participate actively, reinforcing the social skill of expression through support and applause.