

Core Skills Analysis

Science

- Understanding the life cycle of plants by observing seeds sprout and grow.
- Identifying the basic needs of plants such as sunlight, water, and soil to thrive.
- Recognizing the changes in the environment as the seeds develop into seedlings and eventually into mature plants.
- Learning about the different types of seeds and how they can grow into various plants.

Tips

Encourage the child to explore different types of seeds and their growing conditions. Create a small garden where they can observe the growth process over time. Discuss how weather and soil conditions affect plant growth, and encourage questions about the science behind what they observe.

Book Recommendations

- [The Tiny Seed](#) by Eric Carle: A beautifully illustrated story about the journey of a tiny seed and its adventures to become a flower.
- [Planting a Rainbow](#) by Lois Ehlert: A colorful book that teaches children about planting flowers and the different colors they can grow in a garden.
- [From Seed to Plant](#) by Gail Gibbons: An informative book that outlines the growth process of plants from seeds, perfect for young learners.