

## Core Skills Analysis

### Self-Identity

- Developed a deeper understanding of personal values and beliefs.
- Reflected on traits, interests, and abilities to define individuality.
- Explored how background and experiences shape self-perception.
- Identified goals and aspirations contributing to a clearer self-image.

### Communication Skills

- Practiced expressing thoughts and feelings effectively through writing.
- Learned to articulate personal experiences and life stories.
- Gained confidence in sharing personal insights in group settings.
- Enhanced ability to listen and respond empathetically to peers' stories.

### Cultural Awareness

- Gained insights into the diversity of backgrounds among peers.
- Understood the significance of culture in shaping identity.
- Developed respect for different perspectives and experiences.
- Started to appreciate the role of community and family in personal identity.

### Tips

The student can further explore their identity by engaging in creative activities such as journaling, art, or storytelling that delve deeper into their experiences and emotions. Additionally, participating in group discussions or workshops focused on cultural exchange can enhance their communication skills and broaden their understanding of others, paving the way for empathy and collaboration.

### Book Recommendations

- [The Perks of Being a Wallflower](#) by Stephen Chbosky: A coming-of-age story focusing on friendship, self-discovery, and the challenges of teenage life.
- [Inside Out and Back Again](#) by Thanhha Lai: A novel in verse that explores the immigrant experience through the eyes of a young girl.
- [Wonder](#) by R.J. Palacio: A heartwarming tale about acceptance and kindness focusing on a boy with a facial difference.