

## Core Skills Analysis

### Ventilator Care

- Gained understanding of the basic mechanics of how a ventilator works in aiding breathing.
- Learned the importance of monitoring vital signs and adjusting ventilator settings to ensure patient comfort and safety.
- Developed skills in identifying potential complications associated with ventilator use and how to address them promptly.
- Acquired knowledge about weaning protocols and the process of transitioning patients off mechanical ventilation.

### Peg Feeding

- Discovered the indications for peg feeding and the circumstances under which it is employed in patient care.
- Understood the proper techniques for peg tube insertion and maintenance to prevent infection and ensure functionality.
- Learned about nutritional considerations and the importance of delivering balanced diets through feeding tubes.
- Gained experience in monitoring patients for signs of discomfort or complications related to peg feeding.

### Tips

To further enhance skills in ventilator care and peg feeding, Connor could benefit from hands-on simulation training and workshops focused on advanced patient care techniques. Exploring case studies of diverse patient scenarios would also help deepen his understanding and adaptability in real-world situations.

### Book Recommendations

- [The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma](#) by Bessel van der Kolk: This book explores how trauma affects the body and mind and offers insights applicable to caring for patients needing mechanical support.
- [The Complete Guide to Nutrition in the ICU](#) by Cory K. Smith: This guide provides in-depth information about nutritional strategies, including peg feeding, for critically ill patients.
- [Ventilator Management Made Easy](#) by Dr. Tom K. Heller: An accessible resource designed to simplify the concepts of ventilator management for students and healthcare providers.