# **Core Skills Analysis**

#### **Fine Motor Skills**

- Using tongs helps strengthen the small muscles in the hands and fingers, enhancing fine motor control.
- The activity encourages hand-eye coordination as the child visually tracks objects while attempting to pick them up.
- Manipulating the tongs teaches precision and concentration, fostering patience and focus.
- It provides opportunities for problem-solving when the child needs to figure out how to grip different shapes or weights.

## **Cognitive Skills**

- The child engages in critical thinking by choosing which objects to pick up and how to manipulate the tongs effectively.
- Understanding the relationship between the tongs and objects promotes cognitive development through experiential learning.
- The activity can involve categorizing objects by size or color, encouraging early math and reasoning skills.
- Memory is enhanced as the child recalls past successes or challenges faced while using the tongs.

### **Language Development**

- Using tongs can introduce new vocabulary related to objects being picked up (e.g., 'grasp', 'hold', 'pick').
- Parents or caregivers can engage the child in conversation about the activity, promoting verbal skills and sentence formation.
- Describing actions while using the tongs helps with narrative skills and enhances listening comprehension.
- Encouraging the child to express their feelings about the activity supports emotional language development.

### **Tips**

Consider extending this activity by introducing various textured objects for the child to pick up, promoting sensory exploration. Incorporating a counting game can further enhance cognitive skills as the child counts the items they have picked up. Additionally, use descriptive language to talk about the colors, shapes, and sizes of objects, hence enriching the child's vocabulary.

#### **Book Recommendations**

- Mouse's First Day of School by Laurie Keller: This book features a character who explores
  various school activities, including using his paws for picking up objects, which can inspire
  children to use tongs.
- <u>Little Blue Truck</u> by Alice Schertle: A delightful story about teamwork and community, where children can learn about picking things up with friends, akin to using tongs to help each other.
- My First Book of Colors by Eric Carle: This book helps children recognize colors while engaging them in activities that relate to picking objects of different colors, paralleling the use of tongs.