Core Skills Analysis

Executive Functioning

- The student demonstrated improved planning skills by creating a structured game plan in Minecraft to build a large structure, outlining necessary resources and steps.
- The activity encouraged the student to enhance their organizational skills as they navigated the Minecraft environment, prioritizing tasks to effectively manage their time during play.
- The student showed progress in self-regulation by controlling impulses, taking the time to think strategically before making decisions in the game.
- Through problem-solving challenges in Minecraft, the student learned to break down larger tasks into smaller, manageable parts, illustrating a better grasp of functional thinking.

Tips

To enhance the child's learning experience, consider incorporating structured play sessions in Minecraft that focus on specific executive functioning skills such as goal-setting and self-monitoring. Parents can introduce checkpoints during gameplay where the child reflects on their progress and decisions. Additionally, introducing simpler planning tools, like checklists or visual aids, can support the child in setting specific goals they wish to achieve in the game. Engaging in discussions about the strategies they used during play can also foster deeper understanding and encourage further exploration of these skills.

Book Recommendations

- "What Do You Do With a Problem?" by Kobi Yamada: A beautifully illustrated book that teaches children how to face challenges and problem-solve creatively.
- <u>"I Can Handle It"</u> by Laurie Wright: This book helps children learn to manage their feelings and build resilience when facing difficult situations.
- <u>"Sticky Icky Vicky"</u> by Cindy L. J. Hollin: A fun story to engage children in learning about selfcontrol and the importance of making good choices.