

## Core Skills Analysis

### History

- The student learned about the historical significance of the 13th-century castle by seeing it in person, enhancing their understanding of medieval architecture and its role in historical conflicts.
- Exploring a real-life castle allowed the student to connect concepts of feudalism and the role of castles during the Middle Ages to practical examples, deepening their contextual knowledge.
- Observing the castle's structure and surrounding area helps the student to visualize history and develop skills in critical thinking and observation related to historical sites.
- By visiting a historical landmark, the student cultivated a sense of cultural heritage and locality, learning to appreciate the historical significance of places within their own country.

### Physical Education

- Playing on the beach and in the sea provided the student with opportunities to develop gross motor skills through activities like running, jumping, and swimming.
- Participating in beach games promotes teamwork and social skills, giving the student the chance to interact with peers while engaging in physical activity.
- The natural environment of the seaside encourages exploration and physical activity, contributing to the student's overall health and enjoyment of exercise in an outdoor setting.
- Engaging in water play helps the student become familiar with swimming and water safety, essential skills for physical education and personal safety.

### Tips

To further enhance the student's learning experience, consider conducting a follow-up discussion or project about the history of Conwy Castle and its significance during the medieval period. Encourage the student to research more about the castle or draw pictures of their experience at the beach and the castle site. Introduce beach-related physical activities, such as building sandcastles to reinforce fine and gross motor skills, or swimming lessons to improve water safety. Family trips to other historical sites, or different beaches, can provide more learning opportunities about geography and history.

### Book Recommendations

- [Castle Diary: The Journal of Tobias Burgess](#) by Richard Platt: A fictional journal giving insights into a child's life in a medieval castle, exploring daily routines and historical context.
- [The Sandcastle that Lola Built](#) by Megan McDonald: A fun story highlighting creativity and play at the beach, centered around building sandcastles and teamwork.
- [Water Play: A Beach Adventure](#) by Mandy Archer: An engaging tale about a child's adventures and experiences at the beach, encouraging exploration and water safety.

### Learning Standards

- History: KS2 3.1 – Understanding historical events and their impacts on present-day society.
- Physical Education: KS2 1.1 – Developing physical capabilities through sports and activities, focusing on health and well-being.
- Geography: KS2 2.2 – Understanding location and the importance of local landmarks in history.