

## Core Skills Analysis

### English

- Riley learned to analyze and comprehend motivational and life-guidance texts.
- Developed critical thinking skills through interpreting the author's message and purpose.
- Practiced identifying themes related to personal growth and goal-setting.
- Enhanced vocabulary through exposure to inspirational language and real-life examples.

### Language Arts

- Improved reading fluency by engaging with a structured nonfiction text.
- Gained skills in summarizing key points and reflecting on life lessons.
- Learned how to connect textual content with personal experiences and aspirations.
- Practiced writing prompts based on the book's themes to deepen understanding.

### Social Studies

- Explored societal values such as responsibility, leadership, and community impact.
- Considered the role of individual choices in shaping society and culture.
- Reflected on contemporary social issues through the lens of positive life decisions.
- Analyzed how personal mission statements can influence social dynamics.

### Health

- Examined emotional and mental well-being through the book's emphasis on purpose and motivation.
- Learned strategies for setting meaningful goals to improve self-esteem and resilience.
- Understood the psychological benefits of living intentionally and ethically.
- Recognized the importance of perseverance and positive mindset on health.

### Humanities

- Engaged with content that bridges personal values and cultural narratives.
- Explored how individual stories contribute to broader human experiences.
- Analyzed philosophical ideas about meaning and fulfillment.
- Developed empathy by considering diverse pathways to a meaningful life.

### Tips

Encourage Riley to create a personal mission statement inspired by the book's teachings to foster self-awareness and goal-setting skills. Suggest journaling regularly to track progress and reflect on challenges and successes related to these goals. Introduce discussions or projects around real-life role models who demonstrate the values in the book, helping to contextualize abstract ideas into tangible examples. Finally, consider creative expression activities such as writing poems or drawing illustrations that visualize Riley's vision of a life that counts.

### Book Recommendations

- [Make Your Bed: Little Things That Can Change Your Life...And Maybe the World](#) by Admiral William H. McRaven: A collection of life lessons from a Navy SEAL emphasizing discipline, courage, and small actions that lead to big impacts.
- [Grit: The Power of Passion and Perseverance](#) by Angela Duckworth: Explores the role of

perseverance and passion in achieving long-term goals through scientific research and compelling stories.

- [The 7 Habits of Highly Effective Teens](#) by Sean Covey: Offers practical advice and strategies tailored for teens to develop character, set priorities, and succeed in life.

### **Learning Standards**

- CCSS.ELA-LITERACY.RI.9-10.2: Determine a central idea of a text and analyze its development.
- CCSS.ELA-LITERACY.RL.9-10.1: Cite strong textual evidence to support analysis of what the text says explicitly and inferences drawn from the text.
- CCSS.ELA-LITERACY.W.9-10.2: Write informative/explanatory texts to examine and convey complex ideas.
- CCSS.ELA-LITERACY.SL.9-10.1: Initiate and participate in collaborative discussions on themes and ideas.

### **Try This Next**

- Design a personal vision board reflecting the key lessons and goals inspired by the book.
- Write a short essay or letter outlining one's own mission possible and action plan.
- Create quiz questions about the themes of motivation and goal setting presented in the book.

### **Growth Beyond Academics**

Riley likely experienced increased motivation and self-reflection while engaging with the book, fostering a stronger sense of purpose. The activity promotes perseverance and confidence as Riley considers meaningful life goals, while also encouraging emotional growth through understanding values and personal responsibility.