

## Core Skills Analysis

### Visual Perception and Coordination

- The child practiced controlling eye movements to improve tracking accuracy, enhancing visual-motor coordination.
- The activity helped the child develop better focus on moving objects, refining attention and sustained concentration.
- The therapy targeted strengthening eye muscles to support smoother and more precise ocular tracking.
- The exercise introduced the child to recognizing and following patterns of movement, foundational for reading readiness.

### Tips

To deepen the child's understanding and skill in eye tracking, try incorporating engaging tasks such as following a moving toy or finger during playtime, which makes practice fun and contextual. Integrate reading simple patterned books or tracing activities that encourage smooth left-to-right eye movement. Adding physical activities like ball catching or throwing games will further improve hand-eye coordination. Also, consider blending technology-based tracking games or apps designed for vision therapy to motivate the child and provide measurable progress.

### Book Recommendations

- [Look Up! What Do You See?](#) by Roberta Grobel Intrater: A fun picture book encouraging children to observe and track objects, promoting visual engagement and imagination.
- [I Spy Letters](#) by Melissa G. Wilson: Engages children in spotting letters in images, supporting eye tracking and early literacy skills.
- [The Very Hungry Caterpillar](#) by Eric Carle: Simple, repetitive text and colorful images encourage visual tracking and focus.

### Learning Standards

- CCSS.ELA-LITERACY.RF.K.1: Demonstrate understanding of the organization and basic features of print, supported by improved eye tracking.
- CCSS.MATH.PRACTICE.MP1: Make sense of problems and persevere in solving them, reflecting persistence in therapy exercises.

### Try This Next

- Create a 'Follow the Dot' worksheet where the child draws lines connecting moving dots in sequence to practice smooth eye movement.
- Set up a simple game of tracking a rolling ball or moving light pointer to improve real-time eye tracking ability.

### Growth Beyond Academics

This activity encourages persistence and concentration, as the child must focus their attention and repeatedly engage in intentional eye movements. Success in tracking can build confidence and reduce frustration related to visual tasks, fostering motivation to continue practice.