

## Core Skills Analysis

### Physical Education

- Developed gross motor skills through various trampoline activities including jumping, bouncing, and landing safely.
- Enhanced hand-eye coordination and timing by playing trampoline basketball.
- Improved balance, strength, and climbing skills by using the rock climbing wall.
- Experienced cardiovascular exercise and teamwork during games of soccer with neighborhood peers.

### Social Skills

- Engaged in cooperative play while playing tip with his support worker, building interpersonal communication and social interaction skills.
- Interacted and collaborated with other children during soccer games, fostering peer relationships and social inclusion.
- Practiced turn-taking and rule-following through structured play activities at the trampoline park and soccer games.

### Tips

To further develop Logan's physical and social skills, encourage a variety of group sports that require teamwork and strategy such as basketball or relay races, which can enhance cooperation and game tactics. Incorporate balance and strength-building exercises at home, like simple yoga poses or obstacle courses, to complement his climbing and jumping skills. Role-play scenarios or team challenges can improve social communication and emotional regulation during group play. Additionally, discussing feelings before and after games can nurture self-awareness and empathy.

### Book Recommendations

- [The Berenstain Bears Play a Good Game](#) by Mike Berenstain: A story about teamwork, sportsmanship, and playing fair, perfect for children learning the value of games and cooperation.
- [Jump!](#) by Scott Fischer: An engaging book that celebrates the fun and joy of jumping activities, ideal to connect to trampoline play.
- [Clifford the Big Red Dog: Soccer Star](#) by Norman Bridwell: A fun story about playing soccer and making friends, supporting social and physical skills development in sport.

### Learning Standards

- PH2-MSP-01 applies movement skills, strategies and teamwork in physical activities (trampoline basketball, soccer).
- PH2-RRS-01 describes and applies skills and strategies to strengthen respectful relationships through cooperative play (tip game, soccer with peers).
- PH1-MSP-01 demonstrates fundamental movement skills and fair play in physical activities (climbing wall, foam pit jumping).
- ENE-OLC-01 communicates effectively using interpersonal conventions with familiar peers and adults (playing with support worker and neighborhood children).

### Try This Next

- Create a 'My Active Day' journal worksheet for Logan to draw and write about favorite activities and what he learned or enjoyed.
- Design a simple obstacle course at home or outside that mimics the trampoline park's challenges, including balancing, climbing, and jumping tasks.

### **Growth Beyond Academics**

This activity likely supported Logan's confidence and independence by mastering challenging physical skills and social confidence through cooperative play and interaction with support workers and peers. The variety of activities suggests perseverance and curiosity, while playing team games may have fostered a sense of belonging and collaboration.