# **Core Skills Analysis**

#### **Science**

- Learned about the growth and development of fruit on trees, specifically how oranges mature and become ready to harvest.
- Identified sensory characteristics of ripe fruit such as color, texture, and possibly smell, enhancing observational skills.
- Understood the concept of seasons and timing in agriculture, as fruit harvest coincides with specific times of the year.
- Gained insight into basic plant biology by interacting directly with the orange tree ecosystem.

### **Physical Education / Motor Skills**

- Practiced fine motor skills and hand-eye coordination by carefully picking the oranges from the tree.
- Enhanced gross motor skills through movements like reaching, bending, and balancing while harvesting fruit.
- Built physical stamina and spatial awareness by navigating around the backyard environment.

#### **Life Skills / Environmental Awareness**

- Developed responsibility and care for living plants and appreciation for food sources.
- Learned the value of fresh produce and where food originates, fostering connection to nature and healthy eating habits.
- Practiced patience and mindfulness during the harvesting process, understanding timing and care.

#### **Tips**

To further develop Eli's understanding of plant growth and fruit harvesting, consider engaging in a seasonal garden journal where he can document the lifecycle of the orange tree and other plants he may observe. Practical experiments like planting a seed from the orange to observe germination extend learning about plant biology. Introduce scientific concepts such as photosynthesis in simple terms through visual aids or videos to build foundational knowledge. Incorporate cooking activities that use the harvested oranges to connect biology with nutrition and everyday life.

### **Book Recommendations**

- <u>From Seed to Plant</u> by Gail Gibbons: An informative and illustrated book explaining how plants grow from seeds, perfect for young readers curious about nature.
- <u>Planting a Rainbow</u> by Lois Ehlert: A colorful introduction to a variety of plants and flowers, celebrating growth and seasons with simple language and vivid pictures.
- <u>The Magic School Bus Plants Seeds: A Book About How Living Things Grow</u> by Joanna Cole: Join the Magic School Bus crew as they explore the world of plants, making science fun and accessible for children.

### **Learning Standards**

- Science Understanding Biological Sciences: ACSSU032 Living things grow, change and have offspring similar to themselves.
- Science as a Human Endeavour: ACSHE034 Science knowledge helps people understand the effect of their actions.
- Health and Physical Education: Movement and Physical Activity ACPMP035 Develop fine and gross motor skills through physical activity.
- Design and Technologies: ACTDEK012 Collect and use data to understand how living things

grow and change.

# **Try This Next**

- Create a detailed drawing or diagram of an orange tree with labels for parts such as branches, leaves, and fruit.
- Develop a simple quiz about fruit growth stages and characteristics of ripe vs. unripe fruit.

## **Growth Beyond Academics**

This activity likely encouraged Eli's sense of independence and confidence as he engaged in harvesting a tangible food source. It also promotes mindfulness and patience, qualities important for both emotional regulation and deeper appreciation of nature's processes. The hands-on experience can foster curiosity and pride in completing a nurturing task.