Core Skills Analysis

Physical Development

- Improved fine motor skills through the precise movements required to remove and place Jenga blocks.
- Enhanced hand-eye coordination by visually guiding hand movements to maintain tower stability.
- Development of manual dexterity as the child practises controlled finger and hand movements.

Cognitive Development

- Strengthened strategic thinking by planning moves to avoid toppling the tower.
- Enhanced problem-solving skills by identifying weak blocks and strategising moves accordingly.
- Improved patience and focus as the child thinks carefully before making each move.

Social and Emotional Development

- Practice with social interaction through taking turns and encouraging peers during the game.
- Development of emotional regulation by managing excitement and frustration when the tower falls.
- Improvement in communication skills by discussing turns and strategies verbally.
- Strengthened listening skills by paying attention to game rules and others' moves.

Tips

To deepen Jax's learning experience with Jenga, consider integrating story-based play where each block color represents a character or theme, encouraging creative thinking and narrative skills. Introduce timed challenges to build focus under pressure or modify rules to encourage teamwork and collaborative strategy, which helps develop social and emotional skills. Setting reflection moments after gameplay where Jax describes what strategies worked or emotions felt can nurture self-awareness and expressive communication. Finally, exploring basic engineering concepts through tower building and discussing balance can connect the game to real-world science principles.

Book Recommendations

- <u>The Dot</u> by Peter H. Reynolds: Encourages children to be creative and take risks, resonating with the strategic thinking developed in games like Jenga.
- <u>Sit-in: How Four Friends Stood Up by Sitting Down</u> by Andrea Davis Pinkney: Highlights cooperation and patience, similar to the skills practiced during turn-taking in Jenga.
- <u>Iggy Peck, Architect</u> by Andrea Beaty: An engaging story about problem-solving and building, aligning with engineering concepts in tower games.

Learning Standards

- ACARA Foundation Level Physical Development: Develop fine motor skills and hand-eye coordination (ACPMP028).
- ACARA Foundation Level Personal and Social Capability: Manage emotions and develop cooperation during group activities (ACPPS001).
- ACARA Foundation Level Critical and Creative Thinking: Apply problem-solving and strategic planning skills through game play (ACPPS022).
- ACARA Foundation Level Language: Develop effective communication, listening, and turntaking skills (ACELY1648).

Building Skills: How Playing Jenga Boosts Motor, Cognitive, and Social Development in Young Learners / Subject Explorer / LearningCorner.co

Try This Next

- Design a worksheet where Jax labels parts of a Jenga tower and predicts which blocks are risky to remove.
- Set up a drawing task where Jax illustrates a story inspired by the game, incorporating characters and obstacles related to Jenga.
- Create a simple quiz on turn-taking rules and strategies to reinforce listening and communication skills.
- Conduct a mini-experiment building towers with different materials (blocks, cups) to explore balance and stability.

Growth Beyond Academics

Jax shows growing patience and emotional control as he learns to manage frustration when the tower falls. His enthusiasm for social interaction and cheering peers on suggests developing confidence and collaborative skills.