

## Core Skills Analysis

### Language Arts

- I learned to count to ten in Korean, which helped me understand numbers in a new language context.
- I practiced pronouncing simple Korean words, which improved my listening and speaking skills.
- I became familiar with basic Korean vocabulary related to taekwondo commands, expanding my cultural and linguistic knowledge.

### Physical Education

- I learned the basic taekwondo commands, which taught me discipline and the importance of following instructions.
- I experienced how respect and order are essential in practicing a martial art.
- I worked on physical skills such as movements and forms that are part of taekwondo training.

### Character Education

- I understood the value of respect through the taekwondo sport.
- I learned about the concept of order and how it helps maintain focus and safety during practice.
- Earning stripes towards a belt taught me about goal-setting and recognizing progress with dedication.

### Tips

To deepen Troy's understanding, incorporate interactive Korean language games using counting and commands to build his vocabulary naturally. Encourage role-playing taekwondo routines so he can practice language and physical skills simultaneously, fostering muscle memory and language retention. Integrate stories or videos about taekwondo's cultural background and philosophy to broaden his appreciation for respect and discipline. Lastly, set up a personal progress chart where Troy can visually track his stripes and understand goal-setting and perseverance.

### Book Recommendations

- [Korean Counting Book](#) by Sooyeon Won: A colorful book introducing Korean numbers with fun illustrations perfect for young learners.
- [Taekwondo Karate Sparring: The Official Martial Arts Handbook for Kids](#) by Dominic S. Arnold: This book explains taekwondo basics and teaches the importance of respect and practice through fun lessons and pictures.
- [Respect and Taekwondo: Learning Life Skills Through Martial Arts](#) by Jessica R. Unterhalter: A gentle introduction to how martial arts teach respect, discipline, and character building for young children.

### Learning Standards

- CCSS.ELA-LITERACY.SL.K.4 - Describe familiar people, places, things, and events with prompting and support.
- CCSS.ELA-LITERACY.L.K.5 - Demonstrate understanding of word relationships and nuances in word meanings through learning Korean vocabulary.
- Physical Education Standard PE.K-2.3 - Develop skills in a variety of physical activities and demonstrate knowledge of the importance of respect and rules.
- Social and Emotional Learning (SEL) Competency - Self-Management and Responsible Decision Making through goal setting and practicing respect.

### **Try This Next**

- Create a flashcard set with Korean numbers and taekwondo commands for daily review and practice.
- Draw and label a taekwondo progress chart where Troy can add stripes as he masters new skills.

### **Growth Beyond Academics**

Troy is developing patience and self-discipline through earning stripes and following taekwondo commands, which builds his confidence and respect for structure. Learning a new language combined with physical activity also encourages curiosity and perseverance during practice.