

## Core Skills Analysis

### Outdoor Education & Environmental Science

- Learned about natural habitats specific to coastal California through firsthand experience at Leo Carillo State Park.
- Gained an understanding of basic camping skills and outdoor safety practices during the stay.
- Observed local flora and fauna, enhancing knowledge of biodiversity in a marine-influenced ecosystem.
- Developed an appreciation for nature and the importance of conservation by experiencing a protected state park environment.

### Physical Education & Health

- Experienced physical activity associated with camping such as hiking, setting up a tent, and exploring trails.
- Practiced self-reliance and teamwork skills needed for outdoor living and group cooperation.
- Learned about the benefits of spending time outdoors for mental and physical well-being.
- Understood the significance of preparation and staying hydrated and safe while engaging in outdoor recreation.

### Social & Emotional Learning

- Developed independence and confidence from managing camping tasks and new surroundings.
- Experienced bonding and cooperation with family or friends during shared activities in nature.
- Likely encountered problem-solving situations that fostered perseverance and adaptability.
- Engaged with natural environments which can promote mindfulness and emotional regulation.

### Tips

To deepen Vienna's understanding and enjoyment of outdoor adventures, encourage keeping a nature journal to record observations, sketches, and feelings experienced during camping trips. Plan follow-up activities such as creating a mini-research project on specific plants or animals encountered, integrating science and writing skills. Introduce map-reading and basic orienteering games to build navigation skills relevant to camping. To reinforce environmental stewardship, engage in a local park clean-up or conservation project. These experiential extensions will foster curiosity, critical thinking, and personal responsibility for nature.

### Book Recommendations

- [The Camping Trip That Changed America](#) by Barbara Wilkes: A historical picture book showing how an outing in nature led to the creation of National Parks, inspiring conservation among young readers.
- [Camping](#) by Melvin Berger: An engaging introduction to camping basics, including safety tips, activities, and what to expect when spending time outdoors.
- [The Last Kids on Earth and the Skeleton Road](#) by Max Brallier: A fun adventure story involving camping, friendship, and resilience perfect for sparking imaginative play tied to outdoor experiences.

### Learning Standards

- CCSS.ELA-LITERACY.W.5.2 - Write informative/explanatory texts to examine a topic and convey ideas and information clearly.

- CCSS.ELA-LITERACY.RI.5.3 - Explain the relationships or interactions between two or more individuals, events, ideas, or concepts in a historical, scientific, or technical text.
- NGSS 3-LS4-3 - Construct an argument with evidence that in a particular habitat some organisms can survive well, some survive less well, and some cannot survive at all.
- PE.PSS.5-8.1 - Demonstrate responsibility and safety in physical activity settings.

### **Try This Next**

- Create a camping checklist worksheet where Vienna lists items needed for a safe trip and their purposes.
- Design a quiz on local wildlife and plants encountered at Leo Carillo State Park with multiple-choice questions.