# **Core Skills Analysis**

# **Art and Design**

- Explored concepts of shape, texture, and color choices relevant to cosmetic aesthetics.
- Practiced fine motor skills and precision during nail creation and decoration.
- Developed creativity by designing unique patterns and styles for the nails.
- Gained experience using materials and tools safely and effectively.

## **Personal Care and Hygiene**

- Learned about nail care basics, including cleanliness prior to applying fake nails.
- Understood the importance of maintaining nail health to prevent damage.
- Recognized the role of aesthetics in personal expression and grooming.
- Practiced patience and attention to detail as part of personal care routines.

#### **Science and Materials**

- Explored properties of different materials (e.g., plastics, adhesives) used in fake nails.
- Understood basic chemical interactions involved in adhesives and finishes.
- Observed drying times and curing processes relevant to practical science concepts.
- Identified safety considerations in handling chemical substances.

# **Tips**

To build on the skills and knowledge gained from designing and creating fake nails, encourage experimenting with a wider variety of artistic styles, such as seasonal or themed designs. Introduce basic color theory to deepen understanding of complementary and contrasting colors. Linking this activity to simple chemistry experiments involving adhesives or natural alternatives can stimulate curiosity about material science. Additionally, incorporate lessons on hand and nail health, perhaps involving a mini research project, to contextualize the importance of hygiene. Hosting a small exhibition at home or with friends offers a practical way to share creativity and develop communication skills.

#### **Book Recommendations**

- <u>The Art of Nail Design</u> by Lena Smith: A colorful guide introducing young readers to various nail art techniques and creative ideas.
- <u>Beauty Basics: Personal Care and Hygiene</u> by Sarah Bennett: An informative book focusing on grooming, hygiene, and self-care routines for preteens.
- <u>Fun Science Experiments with Everyday Materials</u> by Mark Johnson: Engaging hands-on experiments that explore materials and reactions similar to those found in cosmetics.

### **Learning Standards**

- Art and Design Develop techniques and experiment with materials and tools to create imaginative work (Art & Design KS2).
- Science Explore everyday materials with a focus on properties and changes (Science KS2).
- Personal, Social, Health and Economic Education (PSHE) Understanding personal hygiene and self-care routines (KS2 Health Education).

#### **Try This Next**

- Create a step-by-step illustrated guide or video tutorial on making themed fake nails.
- Design a quiz about the properties of materials used in fake nails and safe handling practices.