

## Art

- The child learned about the colors and textures of sunflowers by observing and touching the petals.
- They explored different art techniques by using sunflower petals to create collages or paintings.
- The child developed their creativity and imagination by using sunflowers as inspiration for their artwork.
- They learned about the natural shapes and patterns found in sunflowers and incorporated them into their art.

## English Language Arts

- The child expanded their vocabulary by learning new words related to sunflowers, such as petals, stem, and seeds.
- They practiced their descriptive writing skills by using sensory language to describe the smell, texture, and appearance of sunflowers.
- The child engaged in storytelling by creating narratives based on their sensory exploration of sunflowers.
- They had the opportunity to read books or listen to stories about sunflowers, further enhancing their literacy skills.

## Physical Education

- The child engaged in physical movement by dancing or swaying to the rhythm of sunflower-themed music.
- They practiced their fine motor skills by picking up and arranging sunflower petals or seeds.
- The child developed their coordination and balance by mimicking the movements and poses of sunflowers.
- They explored the concept of growth and transformation by pretending to be a sunflower growing from a seed to a fully bloomed flower.

## Science

- The child learned about the life cycle of sunflowers, from planting seeds to blooming flowers.
- They explored the concept of photosynthesis by understanding how sunflowers use sunlight to grow.
- The child observed and discussed the different parts of a sunflower, such as the petals, stem, and seeds.
- They discovered the importance of bees and pollination in the reproduction of sunflowers.

Continued Development Tip: Encourage the child to explore other types of flowers or plants, and compare their sensory experiences. They can also incorporate sunflowers into other subjects, such as math by counting and measuring the petals or seeds.

## Book Recommendations

- [Sunflower House](#) by Eve Bunting: A delightful story about children who plant sunflower seeds and create a special playhouse surrounded by tall sunflowers.
- [From Seed to Sunflower](#) by Gerald Legg: This book explains the life cycle of a sunflower in simple language and beautiful illustrations, perfect for young readers.
- [Sunflower Sal](#) by Janet S. Anderson: Follow Sal as she cares for her sunflower plant and learns important lessons about patience, responsibility, and perseverance.

If you click on these links and make a purchase, we may receive a small commission.