

## Physical Education

- The child has developed gross motor skills by learning how to jump over sticks.
- They have improved their coordination and balance through the activity.
- They have learned to follow instructions and listen to cues from the teacher or parent.
- They have gained confidence in their physical abilities through successfully jumping over sticks.

For continued development, you can introduce variations to the activity by using different sizes or heights of sticks. You can also set up obstacle courses with sticks placed at different distances or angles to challenge their jumping skills. Additionally, you can incorporate counting or colors by asking the child to jump over a certain number of sticks or sticks of a specific color.

## Book Recommendations

- [Jump!](#) by Scott M. Fischer: This book tells the story of a group of animals who encourage each other to jump and have fun. It promotes the idea of being active and trying new things.
- [The Very Busy Spider](#) by Eric Carle: Although not specifically about jumping over sticks, this book introduces different animals and their movements. It can be used to engage the child in discussions about how animals move and jump.
- [Jump, Frog, Jump!](#) by Robert Kalan: This book follows the journey of a frog trying to escape from various predators. It not only teaches about jumping but also introduces different animals and their habitats.

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