

Activity: "My child pushed a pram"

Math

- The child practiced counting by pushing the pram and counting the number of steps taken.
- The child learned about distance and measurement by comparing how far the pram traveled when pushed with different forces.
- The child explored patterns by observing how the pram moved in a straight line when pushed with consistent force.
- The child developed spatial awareness by navigating the pram through obstacles.

Physical Education

- The child improved their gross motor skills by pushing the pram and using their whole body to move it.
- The child developed balance and coordination by maneuvering the pram over uneven surfaces.
- The child enhanced their strength and stamina by pushing the pram for an extended period of time.
- The child learned about teamwork and cooperation if they pushed the pram with a partner.

Science

- The child discovered the concept of force by experiencing how pushing the pram made it move.
- The child learned about friction by noticing how the pram moved differently on different surfaces.
- The child explored gravity by observing how the pram's weight affected how easy or difficult it was to push.
- The child developed observation skills by noticing how the pram's wheels rotated and interacted with the ground.

Encourage your child to continue exploring the concepts learned from this activity by engaging in more outdoor play. They can push other objects like toy cars or strollers, experimenting with different forces and surfaces to observe how they affect movement. Additionally, you can introduce simple experiments, like rolling different objects down ramps of varying heights, to further their understanding of force and motion.

Book Recommendations

- [The Wheels on the Bus](#) by Raffi: A fun sing-along book that introduces various modes of transportation, including prams, and reinforces counting skills.
- [From Head to Toe](#) by Eric Carle: This interactive book encourages children to imitate the movements of different animals, promoting physical activity and body awareness.
- [How Do Dinosaurs Play with Their Friends?](#) by Jane Yolen: This book teaches children about cooperation and teamwork through the playful antics of dinosaurs, promoting social skills and positive behavior.

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