

Physical Education

- The child learns how to follow instructions and respond quickly by listening for their name to be called.
- They develop their coordination and balance skills by moving forward, backward, and side to side according to the instructions given.
- They improve their agility and speed as they try to avoid being caught by Mr. Fox.
- They learn the concept of teamwork and cooperation as they work together with their classmates to avoid being caught.

For continued development, you can encourage the child to create their own version of "What time is it Mr. Fox" with different movements and actions. This can help them further improve their creativity, problem-solving skills, and physical abilities.

Book Recommendations

- [What Time Is It, Mr. Fox?](#) by Marie Hall Ets: This classic children's book is a delightful story about a group of animals playing a game of "What time is it, Mr. Fox?" It can further engage the child's imagination and love for the game.
- [Move!](#) by Steve Jenkins and Robin Page: This interactive book introduces different animals and their unique movements. It can inspire the child to explore various ways to move their bodies during physical activities.
- [The Busy Body Book: A Kid's Guide to Fitness](#) by Lizzy Rockwell: This informative book provides children with an understanding of the human body and its need for physical activity. It can help the child develop a healthy attitude towards exercise and fitness.

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