

# My Child Swept Floor

## Physical Education

- The child developed gross motor skills by using a broom to sweep the floor.
- They engaged in physical activity while sweeping, promoting cardiovascular health and endurance.
- The child learned coordination and balance while maneuvering the broom.
- They practiced proper body mechanics and posture during the sweeping motion.

## Science

- The child learned about the concept of force while pushing the broom against the floor to move dirt and debris.
- They observed cause and effect by seeing how sweeping resulted in a cleaner floor.
- The child gained an understanding of cleanliness and hygiene by recognizing the importance of sweeping to maintain a tidy environment.
- They learned about different types of surfaces and how the broom interacts with each one.

Continued development can be encouraged by introducing other household chores that involve physical activity, such as mopping or vacuuming. Additionally, incorporating games or challenges while sweeping, like timing how quickly they can clean a specific area, can make the task more enjoyable and engaging for the child.

## Book Recommendations

- [The Magic School Bus Plays Ball: A Book About Forces](#) by Joanna Cole: Join Ms. Frizzle's class as they learn about forces in a fun and interactive way.
- [Curious George Cleans Up](#) by H.A. Rey: Follow Curious George as he helps clean up the neighborhood and learns about the importance of tidiness.
- [I Can Save the Earth!: One Little Monster Learns to Reduce, Reuse, and Recycle](#) by Alison Inches: Discover how one little monster makes a big difference in taking care of the environment.

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