- Developed hand-eye coordination by launching and controlling the Bey blades
- Improved gross motor skills through spinning and battling with the Bey blades
- Enhanced balance and stability while maneuvering the Bey blades
- Increased strength and endurance by repeatedly launching the Bey blades
- Learned about force and motion as they observed how the Bey blades moved and interacted with each other
- Developed strategic thinking and problem-solving skills by planning and executing different battle strategies
- Improved social skills by playing and interacting with other children during Bey blade battles

For continued development, children can explore different types of Bey blades and experiment with different launch techniques to further enhance their skills. They can also create their own Bey blade arenas using household items and engage in friendly competitions with friends or family members. Additionally, incorporating physical exercises and warm-up routines before playing with Bey blades can help improve overall physical fitness.