

Science

- The child has learned about the parts of an apple, such as the skin, flesh, and core.
- The child has observed the change in texture and color of the apple after peeling and cutting it.
- The child has learned about the process of oxidation as they noticed the apple turning brown.
- The child has developed fine motor skills and hand-eye coordination while peeling and cutting the apple.

Continued development related to this activity can involve exploring different fruits and vegetables. Encourage the child to try peeling and cutting other fruits such as oranges, bananas, or cucumbers. This can further enhance their understanding of different textures, colors, and parts of various fruits and vegetables.

Book Recommendations

- [The Apple Pie Tree](#) by Zoe Hall: This book follows the life cycle of an apple tree and highlights the process of apple production, including picking, peeling, and baking apple pies.
- [Apples, Apples, Apples](#) by Nancy Elizabeth Wallace: In this book, children learn about different apple varieties, apple recipes, and the role of apples in different seasons.
- [Up, Up, Up! It's Apple-Picking Time](#) by Jody Fickes Shapiro: This book takes readers through the journey of apple picking and explores the different activities and experiences that come along with it.

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