

## English Language Arts

- The student learned about the theme of bullying through the interactions between the characters in Cobra Kai.
- They also explored the theme of forgiveness as the characters grappled with their past actions and tried to move forward.
- Through the episodes, the student gained insight into the concept of pride and how it can both motivate and blind individuals.
- Lastly, they examined the theme of knowing right from wrong as the characters made difficult decisions and faced the consequences of their actions.

## Physical Education

- Although not directly related to physical education, the episodes of Cobra Kai can spark discussions on the importance of courage and perseverance in sports and physical activities.
- The student may also reflect on the connection between anxiety and performance, as some characters in the show deal with anxiety in relation to their martial arts practice.

## Social Studies

- The student explored the concept of leaving the past in the past and moving on through the character arcs in Cobra Kai, which are heavily influenced by the characters' past actions and relationships.
- They also delved into the theme of pride and its impact on relationships and group dynamics, which can be connected to various social studies topics such as power structures and social hierarchies.

To further develop their understanding of the themes explored in Cobra Kai, the student can engage in activities such as writing reflective essays on personal experiences related to bullying, forgiveness, or pride. They can also participate in role-playing exercises or group discussions to analyze different scenarios related to knowing right from wrong. Additionally, exploring other movies, TV shows, or books that address similar themes can broaden their perspective and deepen their understanding.

## Book Recommendations

- [The Hate U Give](#) by Angie Thomas: This powerful novel tackles themes of racism, injustice, and finding one's voice.
- [Speak](#) by Laurie Halse Anderson: A thought-provoking book that addresses the consequences of silence and the importance of speaking up against bullying.
- [Wonder](#) by R.J. Palacio: This heartwarming story follows a young boy with a facial deformity as he navigates middle school, teaching valuable lessons about empathy, acceptance, and kindness.

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