

English Language Arts

- **Listening skills:** The child listens to the words and rhythm of the nursery rhyme, enhancing their auditory comprehension.
- **Vocabulary development:** The child learns new words and phrases through the lyrics of the song, expanding their language skills.
- **Rhyme and rhythm:** The child experiences the patterns and flow of the rhyme, fostering an understanding of poetic elements.
- **Storytelling:** The child engages in imaginative play as they act out the actions and story of the nursery rhyme.

Music

- **Rhythm and movement:** The child engages in physical activity and coordination as they mimic the movements of "sleeping" and "waking up" bunnies.
- **Singing and melody:** The child practices singing along to the tune of the nursery rhyme, developing their vocal skills and musical memory.
- **Emotional expression:** The child may express and interpret emotions through the song's playful and soothing melody.
- **Listening to music:** The child develops an appreciation for music and its role in storytelling and entertainment.

Physical Education

- **Gross motor skills:** The child engages in physical movements by pretending to be "sleeping" and "waking up" like bunnies, promoting body awareness and coordination.
- **Bodily control:** The child learns to control their movements and transitions as they mimic the actions in the nursery rhyme.
- **Imagination and creativity:** The child uses their imagination to embody the bunnies in the song, fostering creativity and pretend play.
- **Teamwork and cooperation:** If performed in a group setting, the activity encourages children to work together and follow the same rhythm and movements.

Encourage continued development by incorporating variations to the nursery rhyme activity. Create a simple obstacle course for the "waking up" bunnies, incorporating jumping and running to enhance physical skills. Additionally, encourage the child to create their own verses or actions for the song, promoting creative expression and individuality.

Book Recommendations

- [Sleeping Bunnies](#) by Anne Geddes: A beautifully illustrated book that brings the nursery rhyme to life, perfect for young readers.
- [Bunnies to the Rescue!](#) by Catherine Coe: A charming story featuring adorable bunnies on a mission, promoting language development and storytelling skills.
- [The Bunny Book](#) by Patsy Scarry: A delightful book that introduces children to bunnies and their activities, complementing the themes of the nursery rhyme.

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