## **Physical Education**

- Developed teamwork and cooperation with peers while working together to build the den.
- Enhanced gross motor skills through lifting and arranging items to construct the den.
- Improved problem-solving skills by figuring out how to make the den stable and secure.
- Encouraged physical activity and movement during the construction process.

For continued development, children can be encouraged to add more creative elements to their dens, such as using different materials and shapes. They can also be challenged to design and build specific types of dens, like a castle or a spaceship, to enhance their imaginative and problem-solving skills.

## **Book Recommendations**

- <u>The Den Book</u> by Jo Schofield and Fiona Danks: This book provides ideas and guidance for building dens using natural materials, promoting outdoor play and creativity.
- <u>Fort Building Time</u> by Megan Wagner Lloyd: This story follows two siblings as they build and play in a fort made of blankets, inspiring creativity and fun.
- <u>Building a House</u> by Byron Barton: This book takes children on a journey through the construction of a house, introducing them to the process of building and creating spaces.

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