

## Physical Education

- The child will have learned about the importance of rest and hibernation for animals, including hedgehogs.
- They will have gained an understanding of how hibernation contributes to the overall health and survival of hedgehogs.
- The activity may have encouraged the child to think about the importance of incorporating regular rest and sleep into their own lives.

## Science

- The child will have learned about the hibernation habits of hedgehogs and how they prepare for and survive through hibernation.
- They may have gained knowledge about the physiological changes that occur in hedgehogs during hibernation.
- The activity may have sparked an interest in further exploring hibernation in other animals and the scientific principles behind it.

Encourage the child to continue exploring the concept of hibernation in animals through research and observation. They can create a visual presentation or diorama depicting the hibernation process of hedgehogs or other animals. This can involve researching and explaining the biological and environmental factors that influence hibernation.

## Book Recommendations

- [Hedgehogs in the Hall](#) by Ben M. Baglio: A heartwarming story about a girl who rescues a hedgehog and learns about their hibernation habits.
- [The Hibernation of Joy: A Hedgehog's Tale](#) by Nina B. Scott: A fictional story that explores the adventures of a hedgehog during hibernation.
- [Hedgehogs Hibernate](#) by Maria Fleming: An educational book that provides insights into the hibernation behavior of hedgehogs with engaging illustrations.

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